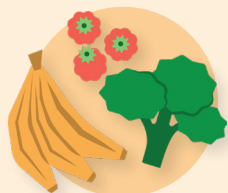


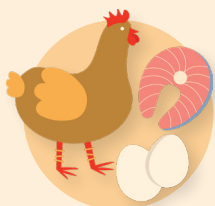
Healthy SNAP Tennessee

Beginning July 31, 2026, certain processed foods and beverages that list sugar, cane sugar, corn syrup, or high fructose corn syrup as a first ingredient will no longer be eligible for purchase using SNAP benefits.

Eligible Items



Fruits & Vegetables



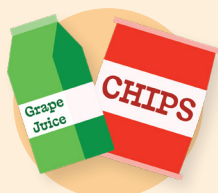
**Poultry
Meat & Fish**



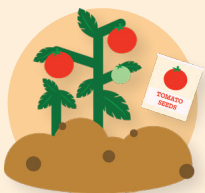
Dairy



Cereal & Bread



Snack Foods



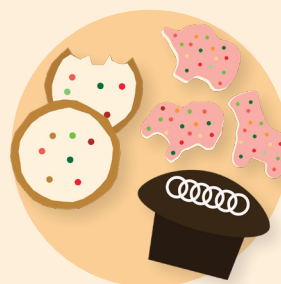
Plants & Seeds



Single-ingredient
sugars used for
cooking and baking

Non-Eligible Items

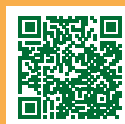
Items that list sugar or high fructose corn syrup as a first ingredient.



Most foods that have sugar, cane sugar, corn syrup, or high fructose corn syrup listed as the first ingredient



Beverages and energy drinks that list carbonated water and sugar, cane sugar, corn syrup, and high fructose corn syrup as the first two ingredients



For more information about
Healthy SNAP Tennessee scan
the QR code